

# Daily Word



MARCH 1988

# Class Thoughts

**PEACE . . .** In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

**PRAYER FOR WORLD LEADERS:** Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

FEB. 20 to MAR. 19

**ILLUMINATION (11 a. m.):** I think and speak Truth and I radiate the light of Spirit.

**PROSPERITY (12 noon):** The quickening power of God's Spirit is active in and through me, and I am bountifully supplied.

**HEALING (9 p.m.):** The quickening power of God's Spirit is active in and through me. I am filled and thrilled with new life, and made whole.

MAR. 20 to APR. 19

**ILLUMINATION (11 a.m.):** I am radiant with the glory of the risen Christ.

**PROSPERITY (12 noon):** The risen Christ has set me free from financial limitation, and I am prospered and blessed.

**HEALING (9 p.m.):** The risen Christ has set me free from physical limitation, and I am quickened and healed, mind, body, and soul.

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# DAILY WORD

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## *When Is Your Birthday?*

MARTHA SMOCK

**M**ANY PERSONS dread the thought of birthdays, for to them a birthday is only another sign of the rapid passage of time.

But no one need ever feel this way on his birthday. With birthdays, as with everything else in life, the event itself is not important, but our thought about it. There is a way to think about birthdays that banishes the fear of age, that emphasizes the spiritual importance of birthdays.

When is your birthday? It is whenever you make a new beginning in your life; it is whenever new understanding dawns on you; it is whenever you strive to become a better person. When is your birthday? It is when you discover Truth for yourself, when you realize that you are a spiritual being. Such a thought about birthdays has nothing to do with the passing of time, the progress of Spirit is not measured in terms of time as we know it but is measured by the breadth and depth of our understanding, our faith, our power to love.

When did you really begin to live? Not on the day you were born, not on your twenty-first birthday, not on your fortieth birthday. You really began to live when you first became aware of yourself as a living soul sent forth from God; when you first became aware of the mystical but wonderful bond that exists between you and all other men, between you and God. You first began to live when the "Word became flesh" for you, when all the truths you have ever heard suddenly seemed to be written in letters of fire for you, when suddenly the underlying meanings of things began to come through to you.

You may not remember when your spiritual awakening began, or you may be able to remember the very hour in which the light began to shine in you and for you. But whether you remember or not, no one needs to tell you that the remembrance of the time is not the vital thing; it is the living and growing that you have done since that you praise and give thanks for now.

Just as no one but you can celebrate your birthday—it is your own special day—certainly no one but you can celebrate your spiritual birth. The day of your physical birth is a matter of record. Your family, your friends help you celebrate; they think of you with love and affection on your special day. But no other person in the world

knows your spiritual birthday. It is between you and God; it is a knowledge of the soul, it is a secret of the spirit. It is "the mystery which hath been hid for ages and generations . . . which is Christ in you, the hope of glory."

Christmas Day is kept in remembrance of the physical birth of Jesus, but the birth of Christ in us is not limited to Christmas Day; it is a continual process. So our birthday but hints at the truth about us, it but tells that we were born into the world on a certain day, in a certain year. It does not tell when we began to live; it does not reveal our spiritual progress. Our birthday is a date on the calendar, but our birth into Truth is a continual, never-ceasing process.

When you wish a friend or a dear one a happy birthday, do not stop in your thoughts with just good wishes. Do not send him your love and blessings only, but add to these wishes your silent recognition of the truth about him, your silent realization that as dear as he may be to you, as well as you may know him, still there is a self of him that has passed through wildernesses you know nothing of; there is a self of him that has grown in ways you can not imagine; there is a self of him that stands glorious and free, that is ageless, deathless, eternal. When you say, Happy Birthday, give thanks in your heart for

God's Spirit in him. Give thanks in your heart for the indwelling Christ in him and in all of us. Give thanks for the freeing Truth, which is at work in every mind and heart in ways known only to the individual and his own indwelling Lord.

When it is your birthday open your heart and mind and life to the good will of the universe. And especially open your heart and mind and life to the love of your Father-God. He who created you and sent you forth has never left you. He loves you with an everlasting love; He says to the self of you that understands: "'Lo, I am with you always.' You are my beloved child, in whom I am well pleased."

And on your birthday, no matter if you celebrate in an outer way or not, no matter if anyone else in the world knows that it is your birthday, make it an inner celebration of your spiritual awakening. When you think of the overcomings you have made, of the growth you have made, of the times and the ways in which God has made Himself known to you you will be filled with the strength and joy of Spirit; you will be able to say with a thankful heart and from a mind through which light streams, "To this end have I been born, and to this end am I come into the world, that I should bear witness unto the truth."

God bless you on your birthday!

## *God Spoke in Me*

SHIGEHARU UCHIDA

One night God spoke in me, "The kingdom of God is within you."

I smiled.

This so familiar verse descended on me with fresh inspiration.

The kingdom of God within is the most blessed gospel.

I'll find all I seek within me.

I smiled again.

A light flashed through me, and I saw the treasures of His kingdom glittering there.

My mouth repeated, "The kingdom of God is within me."

It sounded like echoes of God's voice.



## *The Answer to Prayer*

ELIZABETH SAND TURNER

**D**OES GOD always answer prayer? What about the instances when our prayers have seemed unavailing? Perhaps we have not understood the nature of prayer nor what, in the final analysis, constitutes the answer. "In the day that I called thou answeredst me, Thou didst encourage me with strength in my soul."

Whenever we truly pray, God's response is certain. At the very time ("in the day") we call upon Him the answer comes. This must be so because the answer is inherent within the prayer itself. As the acorn holds the seed of the mighty oak, so does prayer contain the substance of its own fulfillment.

Through prayer we draw upon inner resources that lie dormant awaiting our demand. God is the sum of all blessings—the very Spirit of wholeness—present in us as our spiritual or Christ nature. In prayer we do not call upon some outer power. Rather do we quicken our spiritual faculties, which are the foundation of our being. We have a spiritual self, "who is the image of the invisible God, the firstborn of every creature," and we also have a consciousness or soul. It is

through prayer that union between Spirit and soul is made. "Call unto me and I will answer thee." Sometimes we think we are addressing God when, in reality, we are merely mulling over our troubles—and, consequently, trouble answers. To call upon God means to look to Him and nothing else, to consider Him and nothing else, to trust Him and nothing else. Then the answer comes quickly.

Prayer and its answer should not be thought of as separate and distinct. They are not two but one—the beginning and the end of a single operation. Only prayer can open our eyes. We encounter great trials, veritable Goliaths, but when we go forth in His name we triumph over them. Prayer ushers us into the presence of the Most High, and in His presence is all good. Unfortunately, we may not comprehend this and thus remain as heavy laden as ever. "My prayer was not answered," we say regretfully, but perhaps we merely failed to discern the blessing so near.

How does God answer prayers? The receiving of some material good is frequently called an answer to prayer, though this is not quite accurate. An outer blessing is actually the outpicturing of a consciousness that has been vitalized by a spiritual idea. God does not give us things; He gives us divine ideas. When we use these ideas in everyday living wholesome conditions result.

Through prayer the mind is strengthened by contact with God. It is only when we separate ourselves from Him in thought and try to work out problems by ourselves that we become fearful and disturbed. As the mind is unified with the indwelling Spirit of wholeness, it becomes a magnet for the attraction of outer blessings.

Often we pray and receive an uplift in consciousness but fail to recognize it as an answer to prayer. Our eyes are blind to the blessing that comes with every prayer. Would that we were more alert to our Father's loving response! The Lord works in mysterious ways indeed, and we should be careful not to circumscribe the good He so willingly gives by closing our minds to His way of responding to our call. Let us have confidence that when we pray the answer is forthcoming. Let us expect it. As the peace of God fills our hearts and we feel the upsurge of faith, we can perform successfully whatever task lies before us. Outer good follows as a logical result.

Truly our lives are "hid with Christ in God." We do not need to seek afar. Whenever or wherever we turn to Him in faith, His response as love or peace or wisdom is sure. Prayer and its answer are like two facets of a perfect jewel—one the action of man, the other the action of God—unified to produce a manifest good.

## Sunday

MARCH 1

I AM UNDISTURBED AND UNDISMAYED. I  
KNOW THAT GOD IS AT WORK IN MY LIFE,  
AND MY GOOD IS AT HAND.

MARCH IS thought of as the month of change; it is neither winter nor spring, but somewhere in between. During this month, which is a transition period in nature, we can enter into the spirit of it and make this a transition period in our consciousness.

Just as during the month of March we are not deceived by blustery winds or late snows, for we know that spring, the time of new growth in the earth is at hand, so in our own lives we are not deceived by appearance. We know that no matter how things appear growth and change are taking place, and the good for which we pray is being brought into manifestation.

During this month of March, this time of windy days, when winter and spring vie for ascendancy, let us remain undisturbed in our own hearts and minds and know that fears or disturbing thoughts are no more permanent than the winds of March, that the time of overcoming, the time of renewal is at hand.

✿ *I am the LORD, I change not.*—MAL. 3:6 (A.V.).

MARCH 2

## Monday

I SEEK FIRST THE KINGDOM OF GOD AND HIS  
RIGHTEOUSNESS, AND ALL THINGS ARE  
ADDED UNTO ME.

“**B**E NOT anxious for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than the food, and the body than the raiment?”

Jesus reminded us that the Father knows our need of all these things and that they shall be ours as we seek first the kingdom within.

The kingdom of God within consists of every idea and divine quality necessary for a healthy, harmonious, prosperous life.

If my need is for harmony, I seek the love and understanding of God. If I need health, I seek a greater consciousness of life. If I need prosperity, I seek to comprehend the divine substance of God. If I need guidance, I seek the wisdom of God.

Whatever my need I shall not be anxious, for I know that within my own being lies the fulfillment, for within me is the kingdom of God. Through prayer it is revealed to me.

✠ *Seek ye first his kingdom, and his righteousness.—*  
MATT. 6:33.

## Tuesday

MARCH 31

DAY BY DAY THE SPIRIT OF GOD IN ME RE-  
NEWS AND RESURRECTS EVERY CELL OF MY  
BODY.

IT IS NOT the actual passing of time that ages my body; rather it is my belief about time that causes age to manifest itself in my body. In Truth I know that my body is controlled by my consciousness, not by the ticking of the clock.

The Spirit of God within my body is a renewing Spirit. This Spirit keeps my body eternally whole and well. It resurrects and revitalizes my whole being, even as it resurrected and revitalized Jesus. I believe in this Spirit.

I believe that the Spirit of God within every cell of my body is a renewing and resurrecting Spirit, that there is no other opposing activity in my body, and I manifest radiant life that knows no waning.

With every passing moment my body expresses more and more of the indestructible God life within.

I live in the eternal life of God. In God I am ageless, eternal, free.

☛ *I am the resurrection, and the life; he that believeth on me . . . shall . . . live.*—JOHN 11:25.

MARCH 4

## Wednesday

TODAY I AM BLESSED AND UPLIFTED BY GOD'S COMFORTING SPIRIT.

**I**F YOUR heart is filled with anxiety, seek God within you. He will impart the faith and the determination you need to overcome any disappointing or unhappy experience. You shall be blessed and uplifted by His comforting Spirit.

There may be times when we are bewildered by unexpected events, but we take courage in the truth that everyone and everything in God's world has a divine purpose.

Perhaps we may feel that God is not near us in our time of need, but we have only to remember that He knows all things, that He knows of "thy sitting down, and thy going out, and thy coming in," and He will lead us to our appointment "at an acceptable time."

All trace of anxiety leaves our hearts as we remember Jesus' promise, "Come unto me, all ye that labor and are heavy laden, and I will give you rest."

Today we are blessed and uplifted by God's comforting Spirit.

\* *Come unto me, all ye that labor and are heavy laden.*  
—MATT. 11:28.

## Thursday

MARCH 5

I AM NOT BOUND BY PAST MISTAKES; GOD HAS SET ME FREE TO LEARN AND TO GROW FOR MY OWN GOOD AND FOR HIS GLORY.

**I** GIVE thanks for God's forgiving love and for the freedom it gives me to live, learn, and grow into the likeness of His image, which was implanted in me from the beginning.

I do not waste time brooding over mistakes I have made or wishing vainly that I had taken a different course, for I know that I can correct the mistakes of the past by correcting my thoughts and actions today. I know that when I fill my mind with constructive Godlike thoughts my life will follow a constructive Godlike pattern.

Since I know that what I contemplate I will eventually express, I firmly put out of my mind mistakes I do not want to repeat and invite Christ to take His rightful place in my heart and mind and life.

I am not bound by past mistakes; God has set me free to learn and to grow for my own good and for His glory.

*Bless LORD, O my soul,  
and forget not all his benefits.  
—PSALMS 103:2 (R.S.V.).*



MARCH 6

*Friday*

I EXPRESS THE POSITIVE POWER OF THE CHRIST MIND IN MANAGING ALL THE AFFAIRS OF MY LIFE.

OUR LIVES are a proving ground for Truth. We have opportunity in countless ways every day to put into practice the principles of Truth, to make them living realities in our lives and affairs.

If we seem to need more wisdom in handling the affairs of our lives, let us affirm our oneness with the Christ Mind; let us give thanks that we have God's infinite wisdom to draw upon at all times, under all circumstances.

For instance, it may seem difficult for us to make out income-tax forms, or to handle other business affairs that call for much thought and concentration. But there are no limitations to the capabilities of the Christ Mind, and as we act and work with this truth in mind, we find that we are able to handle every affair wisely and easily.

Whatever task lies before us, let us prepare the way for our ease in doing it by affirming now that we express the positive power of the Christ Mind in managing all the affairs of our lives.

\* *We have the mind of Christ.*—I COR. 2:16.

# Saturday

MARCH 7

I DENY THE BELIEF THAT I AM BOUND IN PERSONAL CONSCIOUSNESS. THROUGH CHRIST I AM FREE WITH THE FREEDOM OF SPIRIT.

THE REMARK is often made, "You cannot change human nature," but Unity teaches that through the Christ in us we can change human nature, we can overcome our human limitations, we can rise out of personal consciousness and become what we really want to be, what we are potentially.

Lent is a good time to deny the belief that we are bound in personal consciousness. It is a good time to affirm that through the Christ in us we are free with the freedom and joy of Spirit.

Lent is a good time to overcome the limitations of the human nature and to put on the Christ nature, which is inherent in every one of us. We put on the Christ nature as we forego thoughts of greed, hate, envy, or any other thought that binds us to negation, and let the love of Christ find expression through us. Through Christ we are free with the freedom of Spirit.

✱ *Wherefore if any man is in Christ he is a new creature: the old things are passed away; behold, they are become new.—II COR. 5:17.*

MARCH 8

## Sunday

GOD CONTROLS MY EMOTIONS AND FREES MY HEART FROM STRESS AND STRAIN. I BEGIN THIS DAY RELAXED AND UNAFRAID.

**G**OD IS unchanging order and harmony in me. I begin this day relaxed and unafraid as I realize that my heart pulsates with the regularity of Spirit, that the life of God in me is steady, constant, never-failing.

With the same calm assurance I realize that the love of God controls and regulates my emotions and frees me from old beliefs, from hate, fear, worry, or frustration. My feelings and emotions are calm and peaceful, for I let go and let God's love flow freely into my mind and heart.

My heart is unburdened, my emotions are peaceful, my whole being is thrilled and filled with love, life, and joy.

My heart beats in rhythm with God's life. My heart sings with His joy. My whole being responds to His freeing, harmonizing, renewing life and love now active in me. I begin this day relaxed and unafraid.

*A cheerful heart is a good medicine;  
But a broken spirit drieth up the bones.*

—PROV. 17:22.

## Monday

MARCH 9

I FIND MY SUCCESS IN DOING JOYFULLY  
WHATEVER LIES BEFORE ME.

SUCCESS is not measured so much by gaining a reward for doing some task as by having performed each part of the task with joyous and loving effort. A person can succeed in gaining an inner satisfaction that is worth far more than outer acclaim. Success or failure in life is determined by our attitude of mind. No matter what happens, if we turn every experience into a blessing and a lesson, we are a success.

We must put all our trust in God and affirm with faith that we can do all things through His power, which strengthens us. Then we shall walk with a glow of joy and inner peace. And the outer reward that seemed so vital before will seem as nothing compared to the inner realization of God's presence.

We find our success in doing joyfully whatever lies before us with faith in our God-given powers and abilities and with faith in the guidance and inspiration of His Spirit.

☛ *This book of the law shall not depart out of thy mouth . . . then thou shalt have good success.—JOSH. 1:8.*

MARCH 10

*Tuesday*

I GO FORTH THIS DAY TO MEET MY GOOD.

“**T**HIS is the day which the LORD has made.”  
This is the day which the Lord has  
blessed for me.

In the newness and freshness of this morning hour I reconsecrate and rededicate myself to the things of Spirit, and I enter into the activities of the day with joy and expectancy.

Through every hour of the day I find comfort and courage in the knowledge that God is guiding me through every experience. I rely on His help, for I know that all things are possible with Him. I have faith in God and in His everlasting love and mercy for me and for all His children.

Whatever my needs may be today, I go forth with faith to meet my good. I know that my good is surely coming to me and I am open and receptive to it.

All sense of fear or depression disappears with the dawn of a new day. I lift my heart and mind to God in prayer. I am filled with faith; I rejoice and am glad.

*This is the day which the LORD has made;  
let us rejoice and be glad in it.*

—PSALMS 118:24 (R.S.V.).

## Wednesday

MARCH 11

GOD'S SPIRIT WITHIN ME IS A FOUNTAIN OF LIFE. I AM RENEWED AND RESTORED IN MIND AND BODY.

TODAY I give thanks for the realization that the life which animates my mind and body is the life of God. God's life is abundant, everywhere present, swift to respond to my every call. When my mind seems weary or my body ill, I do not accept this as a sign of lack of life, but as a need for prayer.

In confidence I lift my mind and heart to God to be renewed and restored. Silently I meditate upon the abundance of His life and upon His willingness to give of life. My heart is strengthened with the assurance of God's never-failing response to prayer. I am at peace as I open myself to the inflow of divine energy in every part of my body.

I know that health is the even, constant flow of divine life through mind and body. As I pray with this realization, yielding myself to the current of God's life, every obstacle to health and vitality of mind and body is overcome.

*For with thee is the fountain of life.  
In thy light shall we see light.*

—PSALMS 36:9.

GOD'S LAW OF ADJUSTMENT WORKS IN AND THROUGH ME TO HARMONIZE MY LIFE AND AFFAIRS AND TO ADJUST EVERY SITUATION.

WHEN THERE is a need for us to make some adjustment in our lives, or when it is necessary to make some change in our mode of living, let us realize that God's law of adjustment works in and through us to help us make the change and adapt ourselves harmoniously to new conditions. There is an orderly, harmonious Spirit at work in each of us that helps us to make every adjustment.

Change is necessary for growth and development, but often it is not easy for us to realize this. However, if we can learn to accept change without resistance or resentment, the good that it holds for us will be more quickly evident.

The person who can place his faith in the law of good and trust God to harmonize and to adjust all conditions has no fear, no feeling of insecurity, for he lives in the realization that every change that comes to him is leading him forward into greater good.

• *We know that to them that love God all things work together for good.*—ROM. 8:28.

*Friday.*

MARCH 13

I HAVE FAITH IN GOD'S UNLIMITED SUBSTANCE NOW ACTIVE IN MY AFFAIRS AS ABUNDANT SUPPLY FOR MY EVERY NEED.

**A**LTHOUGH God's substance cannot be seen with the human eye, it can be seen with the single eye of faith. It can be felt by the faith-filled heart.

With the eye of faith I see abundance where lack appears. With a faith-filled heart I feel the assurance of supply for my every need. My faith draws me to that which I believe in. I believe in God, the everywhere present substance of all supply. My faith unites me with the source of all supply. In mind and heart I am joined with the substance of that which I desire to see and touch in my outer world.

I know that all supply must come from God and that it comes to me first as an idea, then through thought and consideration it takes on tangible form.

I have faith in God's unlimited substance now active in my mind and affairs as abundant supply for my every need.

✿ *Now faith is assurance of things hoped for, a conviction of things not seen.*—HEB. 11:1.



MARCH 14

Saturday

GOD'S LOVE IS IN MY HEART. IN SHARING HIS  
LOVE WITH OTHERS I EXPERIENCE JOY IN  
LIVING.

**T**HERE are those who feel that they are unloved or unwanted, but they need not remain in this state of mind. Everywhere one looks there are hearts reaching out for friendship and encouragement. The one who, in the midst of his aloneness, reaches out willingly to help and understand others discovers that he is important, that he is needed. He discovers that he is an integral part of the great human family, that only because he has withheld his friendship and his encouragement has he felt alone and unwanted.

You may say, "I cannot love until someone loves me." But you can. Everyone has love in his heart. God put it there. Let the love in your heart flow forth to bless yourself and others.

Let it shine in your eyes, enliven your step, speak through your smile. The love you express will unite your heart with the hearts of others.

Affirm: "God's love is in my heart. In sharing His love with others I experience joy in living."

☛ *Give, and it shall be given unto you.*—LUKE 6:38.



Song for Growing

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# Spring Weather

ELEANOR HALBROOK ZIMMERMAN

Across the face of March gray clouds  
drift by,  
Processional and chill with breath of  
snow,  
And yet beneath the cold and leaden sky  
The seeds of loveliness begin to grow.

The burst of glory is unheard, unseen,  
The reaching upward silent and  
unknown;  
It will seem long before the shafts of  
green  
Come through earth's crust with  
strength to stand alone.

And so it is with us. In soul's dark  
weather  
God's glory bides within, till its sure  
growing,  
Watered with faith and hope and love  
together  
Bursts forth in beauty far beyond our  
knowing.

## Sunday

MARCH 13

I TRUST THE SPIRIT OF GOD WITHIN ME IN  
THE OUTWORKING OF ALL SITUATIONS IN  
MY LIFE.

**N**OTHING is impossible with God, for in  
Him is the solution to every situation in  
life.

When I am perplexed I have only to turn my vision toward His presence in me in order to calm myself. He gives me the ideas I need to solve the situation. By simply repeating, "God in me knows the answer; I trust Him," I am lifted out of doubt and fear and I know what to do.

God's promise is that He will not fail me nor forsake me, but I have to be diligent and persistent in prayer. Every time I begin to think about what appears to be a difficult situation, I turn my attention immediately to His presence within me.

As God gives me the right ideas, I act upon them and put them into practice. God in me is my help and strength. Through His power I meet every challenge in life in a victorious and beautiful way.

*And the crooked shall become straight,  
And the rough ways smooth.*

—LUKE 3:5.

MARCH 16

*Monday*

I TRUST GOD TO LEAD ME TO MY SUPREME  
GOOD IN ALL THINGS.

**A**LL OF us have desires, hopes, and ambitions. However, many of us are too timid to trust the divine self in us. In our thinking we limit our talents and abilities and believe that we are incapable of accomplishing great things. We limit our thinking and thus limit our lives.

When we have large dreams for ourselves we need to put our trust in God's power within us and then to think largely. We need to call on our God-given powers and use them to accomplish our good.

Any good thing that we desire can be ours when we put our trust in God, for are we not told that "with God all things are possible"?

When we have faith in God and His promise of all good for us we bring forth hitherto unused abilities and talents to serve our needs.

God has made us in His own image and likeness; therefore, we are endowed with divine ability. Let us trust Him to lead us to our supreme good in all things.

• *With God all things are possible.*—MATT. 19:26.

## Tuesday

MARCH 17

I ESTABLISH MYSELF TODAY IN—

The power of God to guide me,  
The might of God to uphold me,  
The wisdom of God to teach me,  
The eye of God to watch over me,  
The ear of God to hear me,  
The word of God to speak for me,  
The hand of God to protect me,  
The way of God to lie before me,  
The shield of God to shelter me,  
The host of God to defend me,  
Christ with me, Christ before me,  
Christ behind me, Christ within me,  
Christ beneath me, Christ above me,  
Christ at my right, Christ at my left,  
Christ in breadth, Christ in length, Christ in  
height,  
Christ in the heart of every man who thinks of me,  
Christ in the mouth of every man who speaks to  
me,  
Christ in the eye of every man who sees me,  
Christ in the ear of every man who hears me.

—*Prayer of Saint Patrick.*

✱ *Christ in you, the hope of glory: whom we proclaim.*  
—COL. 1:27.

MARCH 18

## Wednesday

I SEE CLEARLY AND DISTINCTLY, FOR GOD'S LIFE MAKES MY EYES STRONG AND PERFECT.

GOD's healing power is mighty in the midst of me. Through faith in His ever-renewing, ever-unfolding life my eyes are healed and strengthened, and I have perfect sight.

Perfect sight is a normal state of vision and is God's free gift to all. His life within me is never weakened or diminished, and my perfect sight need never become weakened or diminished. An awareness of His life not only restores my sight, but it renews my eyes daily. A relaxed and free attitude removes strain from my eyes and keeps them free to behold His goodness and beauty.

This day I will let go of all stress and strain. I will cease striving to see through my physical eyes alone and turn my thoughts to the life and light of Spirit.

I deny every appearance of weakness. I remain steadfast in the knowledge that my eyes are the lamps of my body, that they see the Truth of God, that they are sustained in their perfection.

• *The lamp of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.* •  
—MATT. 6:22.

# Thursday

MARCH 19

I TAKE REFUGE IN THE HEART OF LOVE. I  
RADIATE PEACE.

I TURN to God's peace deep within my heart. Here I find true peace, the peace that the world cannot give. In confidence and trust I turn to His loving presence within. I take refuge in His peace; I am sheltered, infolded, protected.

As I rest in quietness of Spirit, I am filled with a consciousness of His presence, and I am at peace. From my consciousness of peace I send forth peace to my neighbors, to my country, to all the other nations of the earth. I send forth my love, my peace for the healing of all nations. I know that every thought of love helps to dissipate the darkness of hatred and cruelty, so I make myself a channel through which God's love flows.

I realize that in Truth there is but one presence and one power—God, the good omnipotent. All the affairs of our world are in His keeping; the government is upon His shoulders, the" Mighty God, Everlasting Father, Prince of Peace.

- *And the government shall be upon his shoulder; and his name shall be called Wonderful, Counsellor, Mighty God, Everlasting Father, Prince of Peace.*  
—ISA. 9:6.



MARCH 20

*Friday*

I AM RADIANT WITH THE GLORY OF THE  
RISEN CHRIST.—UNITY ILLUMINATION THOUGHT.

**J**ESUS brought light to those in darkness. He taught and proved that darkness must always give way to light.

Though darkness may sometimes appear to prevail for a time, the eventual victory is with the light. Christ is our light, and in His name we conquer darkness as we perceive that the glory which shone forth through the risen Christ shines also through us.

At this Lenten season we contemplate the wondrous story of the Resurrection, the overcoming of death, the last enemy by the holy Son of God, Jesus Christ.

We marvel at the selfless love that enabled Jesus the crucified to become Christ, the Redeemer. We reverence Jesus, but we rejoice in the risen Christ, the eternal light bringer to mankind.

"Ye are the light of the world . . . let your light shine before men."

We accept the truth of His light shining in us and for us, and we are radiant with His glory.

✻ *Awake thou that sleepest . . . and Christ shall give thee light.*—EPH. 5:14 (A.V.).

# Saturday

MARCH 21

THE RISEN CHRIST HAS SET ME FREE FROM FINANCIAL LIMITATION, AND I AM PROSPERED AND BLESSED.—UNITY PROSPERITY THOUGHT.

CHRIST, the all-powerful and ever-victorious Son of God, has set you free from financial limitation. The risen Christ is triumphant over lack and insufficiency of every kind. Jesus points the way out of darkness into the kingdom of plenty.

In Christ there is light, the true light that reveals the right way out of every problem. In Christ you now resolutely turn away from every thought of insufficiency and receive and accept the ever-present bounty that the Christ light reveals. The Christ light makes you receptive to new thoughts of abundance, thoughts that you lay hold of and use to make plenty manifest for you.

The risen Christ has set you free from the limiting thought that your prosperity must be measured in terms of money. Christ the Truth now reveals to you the infinite abundance of His kingdom of light. As you perceive, so shall you receive.

✿ *For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of slavery.*  
—GAL. 5:1 (R.S.V.).

MARCH 22

## Sunday

THE RISEN CHRIST HAS SET ME FREE FROM PHYSICAL LIMITATION, AND I AM QUICKENED AND HEALED, MIND, BODY, AND SOUL.—UNITY HEALING THOUGHT.

THE RISEN Christ, triumphant over even death itself, now points the way for you to realize perfect healing. He is the Master, the Lord of all that is and ever shall be. He is the Great Physician whose wisdom is perfect, whose skill is supreme, whose power is limitless, whose very name brings peace, joy, and healing.

The risen Christ has set you free from physical limitation. You are free this moment to assert your divine self, to call forth into manifestation the spiritual pattern that is the essence of your being.

The risen Christ now quickens you, mind, body, and soul. New life surges through you, bringing restoration and renewal to every part of your body and quieting and harmonizing your mind.

The risen Christ has set you free from physical limitations, and you are quickened and healed.

Rejoice! The risen Christ has healed you, mind, body, and soul. Rejoice!

✻ *Now hath Christ been raised from the dead . . . in Christ shall all be made alive.*—I COR. 15:20, 22.

# Monday

MARCH 23

I HAVE FAITH THAT GOD'S JUSTICE IS AT WORK IN ALL LIFE AND IN ALL PERSONS.

I BELIEVE in justice. I believe that justice is present in all life and in all persons. I see its evidences everywhere. I see it in man's stand for individual freedom and rights. I see it in men's eagerness to work with one another for greater knowledge, for equality of opportunity, for happier living conditions.

Even though I may see about me persons whose need for assurance and security makes them take attitudes that create unjust situations, my belief in justice is not disturbed. I know that justice proceeds from the highest in man—God—and that God's Spirit in man always triumphs over his fears and shortcomings.

Believing in the certainty of justice, I do not succumb to revengeful, suspicious thinking. I am not afraid that others will bar the path to my individual fulfillment. I look at what seems to be an unjust situation and remember that by being true to my belief in justice I am able to say and do whatever needs to be said or done to assure justice in this situation.

✿ *I will put my law in their inward parts.*—JER. 31:33.

MARCH 24

*Tuesday*

I ATTUNE MY MIND TO GOD'S INNER SPIRIT,  
AND I HAVE ORDER IN MY THOUGHTS AND  
IN MY LIFE.

**W**HEN our thoughts are in order we feel peaceful, when our human relations are in order we feel happy, when our affairs are in order we feel secure.

We do not have to wait until other persons or circumstances change before we can experience order in our minds, bodies, and affairs. Order is a state of well-being that we can develop for ourselves any time we choose. Order begins in the mind of the individual.

How do we experience order? By aligning our thoughts with the source of all constructive, harmony-producing ideas—God.

Anyone who makes the effort to withdraw from the demands of life long enough to renew his contact with God in the midst of him will discover that he is capable of clear and poised thought and efficient, productive action. Thus is order produced in his thoughts and in his life.

*For the word of the LORD is upright:  
and all his work is done in faithfulness.*

—PSALMS 33:4 (R.S.V.).

# Wednesday

MARCH 25

I KEEP MY HEART LOVING AND FORGIVING  
TOWARD EVERYONE AND EVERYTHING.

PRAYER AND forgiveness are inseparable. They must work together. Every time we pray about something we must remember to cleanse our consciousness of any unforgiving or unloving thoughts. This does not mean that our prayers will not be answered if we have not completely forgiven another, but it means that we must be sincerely and unrelentingly making the effort. If we do our best, God will do the rest.

Within man is a reservoir of unlimited good. Faith and prayer form the inlet to this good. But the outlet is formed by our attitude toward others. We contact this reservoir through faith and our affirmations; but if we are filled with unforgiving attitudes of mind, the outlet is closed. If, as we pray, we remember to forgive our so-called enemies by knowing that God is in them, then the outlet is opened, and we can receive unlimited good.

✿ *If . . . thou art offering thy gift at the altar, and . . . rememberest that thy brother hath aught against thee . . . First be reconciled to thy brother, and then come and offer thy gift.*—MATT. 5:23, 24.

MARCH 26

## Thursday

I PLACE MY HAND IN GOD'S. I WILL TRUST  
AND NOT BE AFRAID.

**I** DO NOT try to run away from a disturbing situation, for I know that the surest way to gain victory over it is to stand still and to trust the mighty, saving power of God.

The moment I deny fear and affirm that the invincible power of God is within me, the victory is all but won. From then on fear has no power over me.

But the gaining of victory over fear requires persistence. Old beliefs may arise to claim my attention, and many times it may seem impossible to hold out against them, but if I keep on firmly but quietly declaring God's presence within and about me, His love will deliver me from all my fear.

I place my trust in God and face every circumstance or situation with courage and with the faith that all things are working out for good.

As I use my faith, it increases and grows. And the more I am able to stand fast, the greater is my assurance of victory.

✿ *I sought the LORD, and he answered me, and delivered me from all my fears.—PSALMS 34:4 (R.S.V.).*

## Friday

MARCH 27

I AM CENTERED IN SPIRITUAL DOMINION,  
AND I MEET EVERY SITUATION IN MY LIFE  
WITH POISE.

AS THE potter must center his clay exactly on the potter's wheel in order to mold a well-proportioned vessel, so must I keep my consciousness centered on Spirit within me and give it dominion in order to have a well-balanced life.

As the exact center of the potter's wheel is perfectly still at all times, so the spiritual center within me is unmoved by the whirl of events around me.

I have thoughts, emotions, and a body. These are my equipment, but I am a spiritual being endowed with spiritual dominion over my mind, body, and affairs. I claim this dominion now.

"Not by might, nor by power, but by my Spirit, says the LORD of hosts." When I am aware of the stillness of Spirit within me and keep my consciousness centered there, then my thoughts and emotions, through which I mold my life and affairs, are under the dominion of Spirit within.

✿ *Not by might, nor by power, but by my Spirit.*  
—ZECH. 4:6.



## I APPLY MY HEART TO UNDERSTANDING.

IT IS important to work for an understanding of others. However, it is equally important to work for an understanding of ourselves, for it is an understanding of ourselves that frees us from unpleasant emotional reactions.

Everyone at one time or another has been surprised by his own reaction to a particular situation. We think we have developed enough faith and poise to sustain us admirably through any situation, then we find ourselves disturbed or angry, jealous or on the defensive. It is at this point that we need to apply our hearts to understanding.

The most effective way to gain this understanding is to surrender disappointment in ourselves or blame for others to the Spirit of love abiding in our hearts. The Spirit of love lifts our thoughts and feelings so that we can see what it is within ourselves that is responsible for our reaction. The Spirit of love frees us from anxieties, resentments, or anything else that has kept us from feeling and expressing perfect peace and poise and understanding. The Spirit of love brings us understanding and peace.

• *Apply thy heart to understanding.*—PROV. 2:2.

THROUGH THE CHRIST IN ME MY DISPOSITION IS LOVING, KIND, FRIENDLY, AND CO-OPERATIVE.

**N**O ONE likes to think of himself as having a bad disposition, but most of us have times when we are not as loving, not as kind, not as friendly, not as co-operative as we know we should be.

Anyone can benefit by giving some thought to improving his disposition, by making a conscious effort to be more even-tempered, more patient, more willing to consider the feelings and interests of others. A good disposition is one of the things that we find most attractive in a person. If we sometimes feel that others do not like us, if we ever feel lonely and unhappy, we can begin to change this feeling by changing our thoughts and attitudes toward others.

Divine love expressed is an attracting power. Our kindness, our pleasant words will attract pleasant experiences to us. Our patience, our self-control will attract harmony and order into our lives and affairs.

✿ *God gave us . . . a spirit . . . of power and love and self-control.—II TIM. 1:7 (R.S.V.).*

MARCH 30

Monday

THE SPIRIT OF GOD IN ME IS MIGHTIER THAN  
ANY CIRCUMSTANCE IN MY LIFE.

I HAVE within me all that I need to meet the demands of this day successfully! With this assurance I face every task or situation with strong faith and courage, knowing that it affords opportunity to let the Spirit of God do its mighty work in and through me.

I am reassured when I remember that Jesus said that He of Himself could do nothing but through God's Spirit within Him He could do all things. When He needed renewal of this assurance He took time to let God's Spirit inspire Him and prepare Him to meet successfully whatever lay ahead.

I turn to the Spirit of God within me, acknowledging Him as mightier than any circumstance or need in my life. Nothing can discourage me or make me afraid, for His presence is within me. Today is filled with opportunities to let God's triumphant Spirit in me meet every situation successfully.

\* *The Son can do nothing of himself, but what he seeth the Father doing: for what things soever he doeth, these the Son also doeth in like manner.*—JOHN 5:19.

## Tuesday

MARCH 31

I WILL REMEMBER TO BE COMPASSIONATE.

COMPASSION was one of the outstanding qualities of Jesus. Compassion is our recognition of the deep, outreaching desires of another person. It is not sympathy, which is simply recognition of another's lack; it looks beyond the lack and the personality to the desire of the other person to rise above his lack.

The compassionate person does not cry when others cry, but he uses the energy that he would waste in tears to stretch forth his hands in encouragement to the one in need. Beyond the tears of another he sees the upreaching for comfort, and he gives this comfort. Beyond the seeming pain of another he sees the longing for health, and he speaks words of health and strength. Beyond the loneliness of another he sees the desire for friendship, and he gives kindness and understanding.

Compassion does not judge by negative appearances; it always looks beyond them to the self within, and to this inner self it declares the truth of its being. It says to every soul, "Christ is within you, and Christ is your freedom."

✿ *He was moved with compassion.*—MATT. 9:36.

## This Month IN UNITY



### With Oars of Truth

"Since we plan to be away in the desert for some time, I am inclosing my renewal now; I cannot be without *Unity* magazine. *Unity* has brought a new meaning of life to me and all in my home. For years it seemed that we had been going through more than we could endure. Then as I studied *Unity* and began to feel the guidance of the Christ within me constantly, I saw things that had been impossibilities in ignorance become miracles of fulfillment in Truth.

"Once I struggled futilely against the universal current in a mortal boat, gaining nothing but insecurity and doubt. Now with the oars of Truth to help me, I am able to accomplish things without effort or worry. I have far to go, but in quiet confidence I continue on."

*Unity* magazine will teach you how you can use your "oars of Truth" to gain new health, security, and freedom, as this Truth friend did. Each month it contains one of Charles Fillmore's articles, along with other



articles by well-known Truth writers; inspirational poetry; a message from Silent Unity; Bible lessons; and departments for readers. Write for your subscription soon; *Unity* is priced at only \$1 a year.

### Aids for Sunday-School Teachers

Whatever sort of work you do, you need tools; and if you are doing the Lord's work, you need extra good ones so that you can do it extra well. Often, though, it is a problem to find suitable tools for Sunday-school work.



If you have this problem, here is the solution. Unity has a complete line of Sunday-school supplies prepared by persons who are actively engaged in Sunday-school work. Unity also maintains a department to answer any questions you may have about how these materials may be used to best advantage. It is as though you had a trained advisory staff at your elbow.

Unity prints a special booklet for Sunday-school teachers that lists and describes all the Unity Sunday-school supplies, from graded lessons for children of all ages to birthday buttons and gift bookmarks. The booklet also gives details of the advisory service. If you would like a copy, write to the

Unity School of Christianity, Lee's Summit, Missouri, and ask for the booklet *Unity Sunday-School Supplies*. It will be sent to you free of charge. (When ordering the graded lessons, or other Unity Sunday-school material, please remember to state the ages of the children for whom it is intended.)

### HELP US TO SERVE YOU BETTER

If your letter to Unity includes a prayer request or a report to Silent Unity, will you please write that request on a separate sheet of paper? In this way, two departments can handle your letter at the same time. Thank you.

### UNITY EASTER RETREAT

Unity will hold its annual Easter Retreat from March 29 to April 4. The Easter Retreat offers seven days of inspiring fellowship to all who are interested in the Unity teaching. The Retreat is not a part of the Unity Training School; no work is done for credit and no written work is required. Beginning on Palm Sunday, March 29, the Retreat will extend through Holy Week and end Saturday morning, April 4. Registration blanks must be filled out and returned before coming. For accommodations, program, and registration blank, write Registrar, Unity Easter Retreat, Lee's Summit, Missouri.



## *Seven Books* **FOR YOUR CHILD'S EASTER BASKET**

*Crybaby Kangaroo*  
*Barky and His Friends*

Read-aloud stories by Georgia Tucker Smith. For younger children. Large size with fiberboard cover, and contain delightful animal drawings. Price, \$1 each.

*Jet's Adventures*  
*Jet and the New Country*  
*Jet's Choice*

Stories of pioneer days, by Bula Hahn. For older children. Bound in red cloth and illustrated with pen-and-ink drawings. Price, \$1 each.

*Thank You, God*  
*Teach Me to Pray*

Children's books about prayer, by Bill and Bernard Martin. Large size and beautifully illustrated in full color. Price, \$1.25 each.

*Unity*

**SCHOOL OF CHRISTIANITY**  
Lee's Summit, Missouri





## HOW ST. PATRICK GOT HIS IRISH UP



Typical of the fine articles contained in *You*, Unity's Truth magazine for teen-agers, is "How St. Patrick Got His Irish Up," by James E. Sweaney, which appears in the March issue. It drives home the message that evil must be overcome with good rather than more evil, by using the story of St. Patrick's life as an example.

St. Patrick was kidnapped when quite young and forced to tend sheep for an Irish chieftain for six years before he finally managed to escape to France. If anyone had cause to be angry, to get his Irish up as the saying goes, St. Patrick certainly did. But he gave vent to his Irish—the desire to overcome those who had treated him unjustly—by seeking to "overcome evil with good." He went back to Ireland as a missionary!

The young people in your home will enjoy reading this article and they will learn from it, just as they will from every article and story and poem in *You*. When next you write to Unity, order a subscription for *You* for some teen-ager you know. *You* is priced at only \$1 a year.

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI

## TOO WONDERFUL FOR WORDS

"My husband had been out of a job for five months when I discovered the Prosperity Bank plan, and I thought to myself, 'I am going to give this a try.' Knowing it would be two days before the unemployment check came in, I placed my last dollar in the Bank, blessing it and knowing something good would come to us with God's help.

"Within a week my husband received a sizeable check—one he had years ago given up hope of ever receiving. Two weeks later I applied for a secretarial job and got it, and now my husband has a job, too. It is all simply too wonderful for words!"

Perhaps the Prosperity Bank plan can help you; why not try it and see?

-----  
Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name \_\_\_\_\_

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3. Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

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Please indicate postal zone number, if cities are so divided. 2-1-13

## ANNOUNCING

# *A New Unity Greeting Booklet*

*The Stream of Life* is a new Unity Greeting Booklet prepared especially for Easter. The title is taken from the first article it contains—a perennial favorite by Martha Smock—which tells how all of today's problems will be swept away in the ceaseless onward progress of the soul. In addition this new booklet contains numerous other inspiring articles and poems by the same author.

Unity Greeting Booklets are attractively designed with appealing cover illustrations, and they are printed on fine quality paper. Containing twenty-four or more pages, they come with a special Easter mailing envelope requiring 2 cents postage. The Greeting Booklets are priced at only 10 cents each; 12 assorted for \$1.

### THE STREAM OF LIFE

*The Challenge of the Dawn*

*Daily Resurrections*

*For Thy Benediction*

*The Gift of Immortality*

*God Is Blessing You Now*

*The Good News*

*The Land Is Bright*

*The Mental Equivalent*

*Preparation for Easter*

### Sanctuary

*The Song of Life*



UNITY SCHOOL OF CHRISTIANITY

Lee's Summit, Missouri

## *The 23d Psalm*

The LORD is my shepherd; I shall not want.

He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

